Košice International School

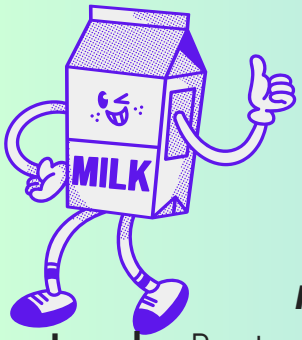
MENU

30/11/2026 - 04/12/2026



MONDAY

Morning snack - Pastry roll with sweet quark, Milk
Lunch - Potato soup with mushrooms, Iceberg salad with tomatoes and basil, Milk*
A)Turkey paprikash, Pasta (side dish)
B)Fish fillet with lemon sauce, Buttered potatoes
Afternoon snack -Fruit



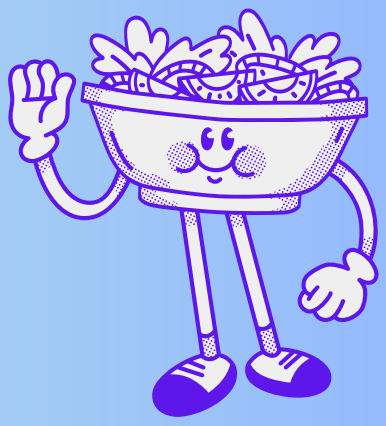
TUESDAY

Morning snack - Semolina porridge with oats and fruit
Lunch - Root vegetable soup, Fruit, Milk* A)Baked pork meatloaf, Creamy lentil stew, Buttered potatoes B)Tofu cheese with mixed vegetables, Steeamed rice
Afternoon snack - Pretzel with butter and cucumbers, Black decaf tea with honey

WEDNESDAY

Morning snack - Toast with hummus, Carrot and pepper, Herbal tea with honey
Lunch - Creamy broccoli soup, Cherry tomatoes** A)Baked rice pudding with fruit and custard, Milk B)Chicken breasts with tomato puree and lemon, Baked potatoes
Afternoon snack - Bread roll, Cheese spread with tuna, Tomatoes, Herbal tea

THURSDAY



Morning snack - Skyr with granola and nuts
Lunch - Green pea soup, Mixed salad, Apple**
A)Beef goulash, Small egg barley pasta,
B)Pasta Al Pomodoro with basil
Afternoon snack - Fruit

FRIDAY

Morning snack - Cornbread, Mozzarella caprese with tomatoes, mixed salad, Fruit tea
Lunch - Vegetable borscht, Vegetable garnish - peas, carrot, sweetcorn,
Quark mousse with fruit, Cherry tomatoes**
A)Baked cauliflower caserolle, Mashed potatoes
B)Pan-fried pork with vegetable ragout, Buttered potatoes
Afternoon snack - Croissant, Clementine

*** SCHOOL MILK PROGRAM WITH SUPPORT OF EU**
**** SCHOOL FRUIT PROGRAM WITH SUPPORT OF EU**