



Košice
International
School

MENU

05/10/2026 - 09/10/2026



MONDAY

Morning snack - Rice porridge with fruit

Lunch - Cauliflower soup with vegetables, Carrot salad with honey and sweetcorn, Greengages, Pears** A) Turkey paprikash with pasta (side dish)
B) Green bean stew, Boiled potatoes, Boiled egg

Afternoon snack - Wholegrain bread roll, Butter and cheese, Tomatoes and peppers, Herbal tea



TUESDAY

Morning snack - Fruit salad with nuts and honey

Lunch - Creamy pea soup with croutons, Fruit yogurt Activia, Apples** A) Roast pork leg, Braised white cabbage, Buttered potatoes
B) Pasta with basil pesto, Tomato salad

Afternoon snack - Fruit

WEDNESDAY

Morning snack - Slice of bread, Cheese spread with radishes, Kohlrabi, Fruit tea

Lunch - Tomato & carrot soup, Milk* A) Baked rice pudding with custard and fruit, Milk
B) Pork meatloaf, Mashed potatoes, Stewed vegetable garnish

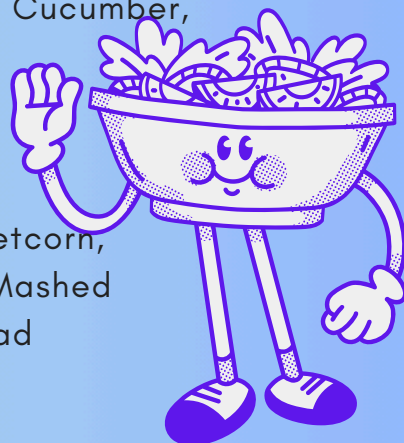
Afternoon snack - Bread roll, Chicken spread with egg, Cucumber, Fruit tea with honey and lemon

THURSDAY

Morning snack - Lemon overnight oats with chia seeds

Lunch - Chicken soup with fine noodles, Vegetable garnish - sweetcorn, carrot, lettuce, Milk* A) Butter-baked fish fillet, Asparagus sauce, Mashed potatoes with carrot B) Vegetable stew with egg, Slice of bread

Afternoon snack - Fruit



FRIDAY

Morning snack - Rice bread, Carrot spread with cheese and chives, Red bell pepper, Black decaf tea with lemon

Lunch - Creamy bean soup with milk, Iceberg lettuce salad with tomatoes and basil, Milk* A) Zucchini and mushrooms in tomato sauce, Egg barley /tarhona/
B) Chinese-style chicken, Steamed rice

Afternoon snack - Yeast raised fruit cake

* SCHOOL MILK PROGRAM WITH SUPPORT OF EU

** SCHOOL FRUIT PROGRAM WITH SUPPORT OF EU