



Košice
International
School

MENU

21/09/2026 - 25/09/2026

MONDAY

Morning snack - Cereals with nuts, milk

Lunch - Potato soup with green peppers, Iceberg lettuce salad with tomatoes and basil, Acidophilic milk*
A) Mushrooms in a creamy sauce, Pasta
B) Chicken breasts with vegetables, Steamed rice

Afternoon snack - Fruit



TUESDAY

Morning snack - Corn bread, Mozzarella spread with tomatoes, Fruit tea

Lunch - Chickpea soup with herbs, Carrot salad with pineapple, Milk*
A) Pork loin with garlic, tomatoes and peppers, Buttered potatoes with parsley
B) Pasta with tomato cream sauce

Afternoon snack - Semolina and oat porridge, Blueberries

WEDNESDAY

Morning snack - Bread, Tuna spread with carrot, Kohlrabi, Black decaf tea

Lunch - Vegetable borscht, 100% Apple juice**

A) Mini sweet buns with vanilla custard, Milk
B) Szeged-style pork goulash, Steamed yeast dumpling

Afternoon snack - Bread roll, Chicken spread with cucumbers and carrot, Fruit tea with honey and lemon

THURSDAY

Morning snack - Poppy seed roll with butter, Vanilla milk

Lunch - Sour bean and potato soup, Cabbage salad with sweetcorn, Quark desert with dried fruits and nuts
A) Paella with chicken
B) Vegetable patties, Mashed potatoes

Afternoon snack - Fruit

FRIDAY

Morning snack - Yogurt with banana and chia seeds

Lunch - Caraway soup with egg and croutons, Apples, Milk*
A) Kolozsvár-style layered sauerkraut with pork minced meat and rice
B) Potato and pasta dish /Granadier/, Gherkin

Afternoon snack - Walnut pastry, Pears



* SCHOOL MILK PROGRAM WITH SUPPORT OF EU

** SCHOOL FRUIT PROGRAM WITH SUPPORT OF EU