



Košice
International
School

MENU

14/09/2026 - 18/09/2026

MONDAY

Morning snack - Rye bread, Cheese spread (mousse),
Kohlrabi and carrot, Fruit tea

Lunch - Potato soup with cheese, Lettuce A) Chinese style vegetable mix & Steamed rice
B) Chicken breasts with sweetcorn & Boiled potatoes

Afternoon snack - Fruit



TUESDAY

Morning snack - Fruit salad with cherry sauce

Lunch - Pumpkin soup, Vegetable garnish A) Grilled chicken strips &
Baked potatoes & Tzatziki sauce B) Potato dumplings with quark /strapacky/

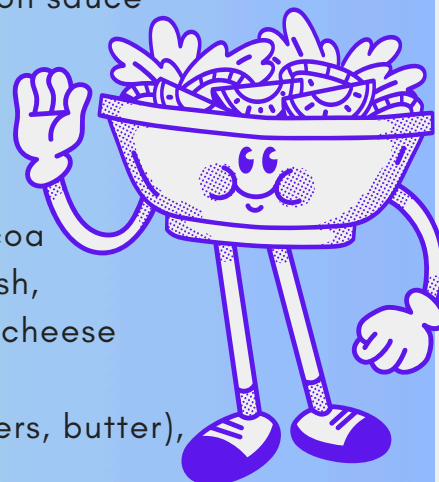
Afternoon snack - Bread roll with olives, Quark spread with garlic,
Tomatoes, Fruit tea with honey and lemon

WEDNESDAY

Morning snack - Toast, Cottage cheese with herbs, Peppers,
Fruit tea with honey

Lunch - Leek soup with potatoes and cheese, Cabbage and carrot salad,
Greengage, Acidophilus milk* A) Farfale with salmon sauce
B) Potato dumplings with poppy seed

Afternoon snack - Fruit



THURSDAY

Morning snack - Sweet braided bread with butter, Cocoa

Lunch - Green pea soup, Beetroot salad with horseradish,
Fruit yogurt, Plums** A) Baked potatoes with onion, egg and cheese
B) Mushroom risotto with lemon chicken breasts

Afternoon snack - Bread roll, Summer spread (tomatoes, peppers, butter),
Radishes, Fruit tea

FRIDAY

Morning snack - Bread roll, Egg spread with tomato purée, Cucumber, Herbal Tea

Lunch - Creamy carrot and sweetcorn soup, Celery salad, Milk* A) Pork leg with
peas & Bulgur B) Savory paprika Tofu with creamy zucchini stew & Boiled potatoes

Afternoon snack - Fruit puree with small round sponge biscuits

* SCHOOL MILK PROGRAM WITH SUPPORT OF EU

** SCHOOL FRUIT PROGRAM WITH SUPPORT OF EU