



Košice
International
School

Menu 08.06.2026 - 12.06.2026

monday

morning snack - sweet cocoa swirl roll, milk

lunch - tomato soup with pasta and parmesan cheese, grilled chicken strips, baked potatoes, vegetable garnish and dressing, cheese*

afternoon snack - fruit

tuesday

morning snack - cream yogurt with quark, banana and chia seeds

lunch - bean soup with root vegetables, baked pasta with broccoli and parmesan cheese, cabbage and carrot salad, actimel drink, milk*

afternoon snack - fruit

wednesday

morning snack - grissini with hummus with carrots, peppers, cucumbers, 100% fruit juice

lunch - sauerkraut soup with potatoes, beef stroganoff, steamed rice with sweetcorn, mixed salad, peach**

afternoon snack - fruit

thursday

morning snack - sweet pastry, barley drink with milk

lunch - egg soup with vegetables, baked potatoes with spinach, tomatoes, cream and fish, beetroot salad, fruit, pepper**

afternoon snack - fruit

friday

morning snack - slice of bread with butter and hard cheese, peppers, fruit tea

lunch - mushroom soup with small pasta, zucchini and mushrooms in tomato sauce with egg barley pasta (tarhoňa), green lettuce salad with orange, quark dessert with fruit and nuts

afternoon snack - fruit

lunch B for Monday, Wednesday and Thursday

vegetable (pepper and tomato) stew with eggs, boiled potatoes

lunch B for Tuesday and Friday

braised pork leg with green peas, steamed rice

**school fruit program with support of EU

*school milk program with support of EU