



Košice  
International  
School

Menu 06.04.2026 - 10.04.2026

*monday*

**holiday**

*tuesday*

**holiday**

*wednesday*

**morning snack** - cereals with nuts, milk

**lunch** - spinach soup with egg, chicken steak with boiled potatoes and butter, steamed vegetables,

**afternoon snack** - fitness bun with tuna and cheese spread, carrots, fruit tea

*thursday*

**morning snack** - cheesy cream, chia seeds, grapes, herbal tea

**lunch** - creamy south bohemian dill and mushroom soup /kulajda/, pasta with creamy tomato sauce, cabbage salad, quark pudding

**afternoon snack** - breadroll, paprika spread /Eros Pista/, kohlrabi, black tea /no caffeine/

*friday*

**morning snack** - toast, cottage cheese with sweetcorn, tomatoes, fruit tea

**lunch** - farmer's soup with root vegetables and sausage/ smoked meat, stewed pork with kale, steamed small egg pasta pearls /tarhona/, cucumber salad, apples

**afternoon snack** - fruit yogurt, fresh fruit

**Lunch B for Wednesday and Friday.**

mushroom risoto

**lunch B for Thursday.**

Chicken breasts with sweetcorn, boiled potatoes

\*\*school fruit program with support of EU

\*school milk program with support of EU