



Košice  
International  
School

Menu 09.03.2026 – 13.03.2026

## monday

**morning snack** – plain white yogurt/milk, mixed nuts and honey with cereals

**lunch** – carrot soup with potatoes, penne pasta with chicken and cheese sauce, fresh vegetable garnish – corn, carrot, cabbage/lettuce, clementines

**afternoon snack** – wholemeal bread, fish spread, tomatoes, tea

## tuesday

**morning snack** – italian breadsticks, hummus, carrot, cucumbers

**lunch** – lentil soup, baked rice casserole with fruit and pudding, milk

**afternoon snack** – plain croissant with butter, fruit tea

## wednesday

**morning snack** – fresh fruit salad, honey and granola

**lunch** – sauerkraut soup with dried plums, cheese and minced meat patty (incl. pork), mashed potatoes with cauliflower, cabbage and carrot salad

**afternoon snack** – sandwich with eggs, veggies, ham, cheese and butter, 100% fruit juice

## thursday

**morning snack** – bread, butter and grated cheese spread, peppers, tea

**lunch** – parsley soup with roasted breadrolls, courgette with brown mushrooms in tomato sauce, traditional slovak pasta – tarhona, carrot salad with lemon juice, yogurt with fruit flavour

**afternoon snack** – breadrolls, quark and egg spread, bell peppers, fruit tea with honey

## friday

**morning snack** – poppy seed pastry / makovec, butter and jam, barley dairy drink

**lunch** – tomato soup with veggies and barley groats, baked potato and fish casserole, celery salad with apples, corn biscuits

**afternoon snack** – spinach pastry, fresh fruit

### lunch B for Monday, Wednesday and Friday.

mixed vegetables with chickpeas, rice with corn

### lunch B for Tuesday and Thursday.

chicken in light gravy with garden veggies, potatoes with butter

\*\*school fruit program with support of EU

\*school milk program with support of EU