



Košice
International
School

Menu 23.02.2026 - 27.02.2026

monday

morning snack - Walnut sweet yeast roll, dairy drink

lunch - chickpea soup with vegetable and potatoes, chicken breast, rice, iceberg salad with tomato and basil

afternoon snack - breadrolls, liptov spread, peppers, spring onion

tuesday

morning snack - whipped yogurt and quark with chia seeds

lunch - celery soup, baked fish meatballs, boiled potatoes with butter and parsley, carrot salad with pineapple, yogurt

afternoon snack - mini toscania with feta cheese, radish, cultured milk drink

wednesday

morning snack - rice cakes with carrot spread, cucumbers, herbal tea

lunch - beef stew with root vegetables and rice, courgette/zucchini dish, hard boiled egg, bread, mixed veggies - corn, peas, carrot, fresh fruit

afternoon snack - breadrolls with tuna spread, tomatoes, fruit tea

thursday

morning snack - apple puree with granola

lunch - creamy cauliflower soup, butter-baked chicken thigh, rice with corn, fruit compote

afternoon snack - healthy lemon cakes with fruit, semi-skimmed milk

friday

morning snack - sandwich bread, cheese and garlic spread, kohlrabi, fruit tea

lunch - tomato soup with cheese and oats, baked green beans with cheese, mashed potatoes with carrots, beetroot salad

afternoon snack - creamy quark dessert, fresh fruit

lunch B for Monday, Tuesday and Thursday.

sauerkraut pasta squares

lunch B for Wednesday and Friday.

plain pork cutlet with light gravy, steamed vegetables and boiled potatoes

*school fruit program with support of EU

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