



Košice
International
School

Menu 30.09.2024 - 04.10.2024

monday

morning snack - poppy swirl, milk

lunch - sheep cheese soup, baked chicken pieces with cheese and broccoli, rice, napa cabbage salad

afternoon snack - white roll, ham spread, tomatoes

tuesday

morning snack - cream cheese, chia seeds, figs

lunch - bolognese pasta with cheese, mixed salad, skyr

afternoon snack - wholemeal bread, butter, cheese, radish, fruit vegetable drink

wednesday

morning snack - cottage cheese with sweetcorn, mini rolls with chickpeas and peas

lunch - leek soup, pork slice with peppers and tomatoes, baked potatoes, iceberg salad

afternoon snack - bananas in chocolate pudding

thursday

morning snack - fruit salad, oats

lunch - bean soup, pork meatballs in creamy sauce, dumplings, fresh salad

afternoon snack - bread roll, chickpea spread, peppers

friday

morning snack - bread, pepper spread, kohlrabi

lunch - serbian soup, pancakes with jam, milk, apples

afternoon snack - pizza swirl

lunch B for this week - chicken pieces in sauce, rice