

KEIS MENU 19.9.2022 - 23.9.2022							
Date	Morning snack	Alergens	Lunch	Alergens	Portion	Afternoon snack	Alergens
Monday 19.9.2022	Apple pure, small sponge cakes	1,3	Potato - carrot cream soup Chicken risotto with vegetables Cucumber salad	7,9 7,9	200/220/250 260/290/320 90/90/120	Bread, tuna spread, black tea with honey, clementines	1,4,7
Tuesday 20.9.2022	Bread, butter, radish, lemon water	1,7	Vegetabe soup Pork slice with cream Small dumplings Black tea with lemon	9 1,7,9 1,3	200/220/250 152/178/204 160/180/220	Semolina, cocoa	1,7
Wednesday 21.9.2022	Cereal with milk	7	Bean soup with Baked rice cake with fruit Pears	1,7,9 3,7	200/220/250 260/300/370 150/150/200	Pizza bread, water	7
Thursday 22.9.2022	Wholemeal bread, garlic cream cheese spread, fruit tea	1,7	Cauliflower soup Gratined fish fillet with cheese and tomatoes Boiled potatoes Carrot salad with	1,3,7 4,7	200/220/250 108/127/149 150/200/250 80/80/110	Wholemeal bread, avocado spread, black tea with lemon	1,7
Friday 23.9.2022	Bread, butter, cheese, mutivitamin drink	1,7	Irish soup Pasta with potatoes - paprika seasoning Pickles	1,7,9 1	200/220/250 230/300/350 70/70/100	Fruit yoghurt	7