



KEIS Menu for the period from 01.03. to 05.03.2021

Day	Menu	Portions per gram	Allergy
Monday 01.03.2020	Lentil soup Whole grain penne with roasted vegetables and cheese Tangerines	300 300 2 ks	1 1,7
Tuesday 02.03.2020	Green pea soup Chicken meat based on ,Merano' method Steamed rice Grapes	300 200 140 140	1 1,9
Wednesday 03.03.2020	Vegetable soup with buckwheat Natural turkey cutlet Stewed beans Baked potatoes Fruit juice 100%	300 60+80 120 140 250	1 1
Thursday 04.03.2020	Kiev ,ščí' soup Spelled wasps' nests with nuts Banana	300 200 1 ks	1 1
Friday 05.03.2020	Carrot soup with barley pearls Fish croquettes with lemon sauce Mashed potatoes Vegetable garnish	300 100 80 140 80	1 1,3,4 1,7 7

Vypracovala: Mariana Mil'ková, vedúca ŠJ DC Baranček

Alergény: 1-obilniny, 3-vajcia, 4-ryby, 6-sója, 7-mlieko, 8-orechy, 9- zeler, 10-horčica, 11- Sézam