



KEIS Menu for the period from 30.11. to 04.11.2020

Day	Menu	Portion weight in g	Allergy
Monday 30.11.2020	Goulash soup Wholemeal pasta with cabbage Mandarin	200 250 2 ks	1 1
Tuesday 01.12.2020	Cabbage soup with pearl barley Chicken breast on peas Steamed rice Carrot salad	200 50+100 140 80	1
Wednesday 02.12.2020	Vegetable soup with oats Fish meat baked with tomatoes Mashed potatoes Vegetable garnish Grapes	200 120 140 80 120	1 1 7
Thursday 03.12.2020	Bean soup with pasta Tassels with cottage cheese Apple	200 240 1 ks	1 1,7
Friday 04.12.2020	Mushroom cream soup Bulgur with chicken and lentils Beetroot salad with apples	200 240 80	1,7 1

Vypracovala: Mariana Miľková, vedúca ŠJ DC Baranček

Alergény: 1-obilniny, 3-vajcia, 4-ryby, 6-sója, 7-mlieko, 8-orechy, 9- zeler, 10-horčica, 11- Sézam

