



## KEIS Menu for the period from 21.09. to 25.09.2020

| Deň                            |   | Názov jedla  | Hmotnosť porcie v g           | Alergény               |
|--------------------------------|---|--|-------------------------------|------------------------|
| <b>Monday</b><br>21.09.2020    | Cauliflower soup with wheat<br>Roasted fish fillet<br><br>Mashed potatoes<br>Lemon dressing<br>Pear | Polievka karfiolová so pšenom<br>Karbonátok z rybieho filé<br>pečený<br>Zemiaková kaša<br>Citrónový dressing<br>Hruška | 200<br>90<br>140<br>50<br>150 | 1<br>1,3,4<br>1,7<br>7 |
| <b>Tuesday</b><br>22.09.2020   | Vegetable soup with bulgur<br>Frankfurt beef roast<br><br>Wholemeal penne<br>Carrot salad with corn | Zeleninová polievka s bulgurom<br>Hovädzia pečenka frankfurtská<br>Celozrnné pene<br>Mrkvový šalát s kukuricou         | 200<br>50+100<br>140<br>80    | 1<br>1<br>1            |
| <b>Wednesday</b><br>23.09.2020 | Serbian goulash soup<br><br>Wholegrain walnut nests<br>Plums  | Gulášová polievka srbská<br>Osie hniezda celozrnné orechové<br>Slivky  | 200<br>200<br>150             | 1<br>1                 |
| <b>Thursday</b><br>24.09.2020  | Spinach soup<br>Chicken breasts on vegetables<br>Roasted potatoes with onion<br>Vegetable garnish   | Špenátová polievka<br>Kuracie prsia na zelenine<br>Opekané zemiaky s cibuľkou<br>Zeleninové obloženie                  | 200<br>50+100<br>140<br>70    | 1,3,7<br>1             |
| <b>Friday</b><br>25.09.2020    | Mixed legume soup<br><br>Mushroom risotto with cheese<br>Cabbage salad mixed                        | Polievka z miešaných strukovín<br>Šampiňónové rizoto so syrom<br>Šalát z hlávkovej kapusty<br>iešaný                   | 200<br>240<br>140             | 1<br>1,7               |